



Routine Vaccinations: Your Shot to Prevent Disease

✓ Stay Up-to-Date

✓ Stay Protected

✓ Get Vaccinated!

Talk to your healthcare provider and get caught up with routine vaccinations.

To learn more about our health services, scan the **QR code** or call the Middle-Brook Regional Health Commission at **732-968-5151**



For more information on recommended immunization schedules, visit: www.cdc.gov/vaccines/schedules/

www.middlebrookhealth.org

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Middle-Brook Regional
Health Commission

Public Health
Prevent. Promote. Protect.



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