

Middle-Brook Regional Health Commission

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Public Health Alert: Potential Measles Exposure

The Middle-Brook Regional Health Commission (MBRHC) and the New Jersey Department of Health (NJDOH) would like to make you aware of the state's first confirmed case of measles in 2026. Individuals – especially parents, guardians, health care providers, and caregivers – are urged to be aware of the symptoms of this highly contagious virus and to stay up to date with the measles, mumps, and rubella (MMR) shots.

Anyone who visited the following location, only during the specified dates and times, may have been exposed to measles:

- **Location:** Newark Liberty International Airport, Terminal B
Date & Time: April 14, 2026, 5:30 AM through 9:00 AM
- **Location: Pediatric Emergency Department, Hackensack University Medical Center,**
30 Prospect Ave, Hackensack, NJ, 07601
Date & Time: April 17, 2026, 11:15 PM through April 18, 2026, 3:15 AM

Potentially exposed individuals if infected, would be expected to develop symptoms of measles as late as **May 11, 2026.**

As of April 22, no additional associated cases in New Jersey have been identified. Individuals at risk include those who have not been fully vaccinated or have not had measles in the past.

NJDOH is working in collaboration with local health officials on ongoing contact tracing and on efforts to notify people who might have been exposed and to identify additional exposures that may have occurred.

Measles symptoms include a high fever, cough, runny nose, watery red eyes, and a rash that usually appears between three and five days after symptoms begin. The rash usually begins as flat red spots that appear on the face at the hairline and spread downward to the neck, torso, arms, legs, and feet. Measles can also cause serious complications, such as pneumonia and encephalitis (swelling of the brain), and can lead to miscarriage in pregnant people, premature birth, or a low-birth-weight baby.

If you suspect you or your child is experiencing symptoms of measles, call your health care provider BEFORE arriving at the facility so that the provider can take precautions.

Nationally, measles cases have soared to the highest levels reported since 1992, eight years before the disease was eliminated in the U.S. in 2000. [According to the CDC](#), as of April 16, 2026, a total of 1,748 confirmed measles cases were reported in the United States this year.



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We are urging individuals to [stay up to date with measles, mumps, and rubella \(MMR\) shots](#). The best way to prevent measles is to remain up to date on all measles vaccinations, especially when traveling abroad. For more information on measles, visit: nj.gov/health/measles or healthychildren.org.



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